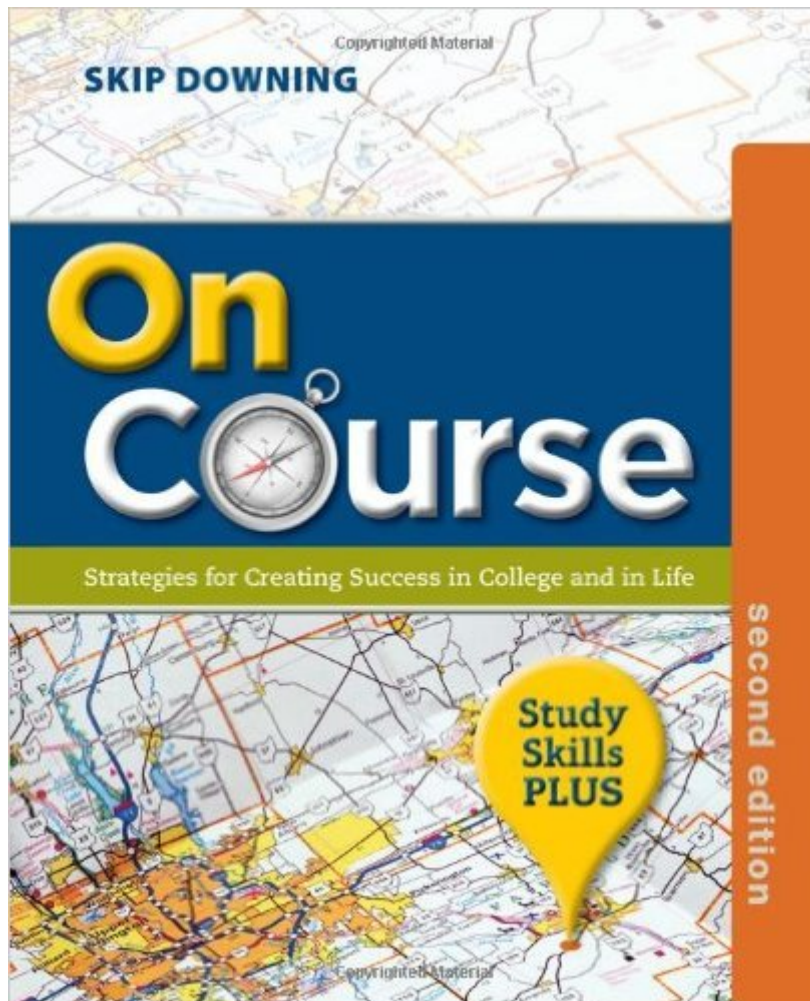


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# On Course: Strategies For Creating Success In College And In Life, 2nd Edition



## Synopsis

ON COURSE: STRATEGIES FOR CREATING SUCCESS IN COLLEGE AND IN LIFE, STUDY SKILLS PLUS EDITION was created for educators who would like to promote student growth and self-awareness, while providing more extensive instruction in study skills. Downing's powerful guided journal entries have been retained from the original ON COURSE text to encourage students to explore essential life skills such as personal responsibility, self-motivation, interdependence, and self-esteem. The Study Skills Plus Edition engages students in a learner-centered construction of study skills knowledge, and gives students practice in applying empowerment strategies. The 2nd edition highlights the very process of learning how to solve academic challenges with improved study skills. Students engage in critical and creative problem solving that will enable them to achieve greater success in all parts of their lives. The 2nd edition also features expanded coverage of diversity, emphasizing the many ways in which people are different and how these differences often influence the choices they make. Other new topics include a discussion of academic integrity, how to thrive in the college culture, and a research-based section on the importance of developing a growth mindset. Plus, a new Annotated Instructors Edition guides instructors to relevant exercises and materials in the ON COURSE FACILITATOR'S MANUAL. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## Book Information

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## Customer Reviews

Bought this book because it is a textbook I needed, and the book did not come with the cd or the access code which has been extremely frustrating. To purchase a separate access code now costs

half of what the textbook costs.

I bought this course book for my fianc  for his school course he's taking. He is getting so much out of what he's reading and learning from it. Not only that, but he's telling me what he's learning, and I'm getting so much out of learning what's in it as well. I would recommend this book to all of my family and friends.

I was required to get this book for a class and did not want to pay full price. I actually found some of the things in the book to be quite useful. I got it here for about half the price of my university bookstore.

If you are serious about being a success in college this book is for you. More than a how to book, it reveals all mental blocks you have built over the years. Great book for everyone, looking to explore the inner soul!!!!

The book is very helpful for the students. I am international student and the education system of the United States is different for me. By reading this book I learnt some concept of being successful student in the colleges of the United States. I suggest to read this book because it really helped me. It contains almost everything which helps to students to overcome the difficulties at school.

I think every freshman should read this, required or not. It will help you in college as well as in life.

This book is well worth the price! I am using the book to help me study for a work-related exam and it has re-trained my study habits exponentially. I would suggest to anyone in college (or not in college) who may need a refresher course on how to study to purchase this book. Skip gives good advice and explains step by step how to get the most out of your study time. Don't think about it any longer-buy the book!

I purchased this book thinking it was new because that's what was advertised. Even though I got the book for basically half of its cost, I'm disappointed in the shape it's in. It's not bent or anything but you can tell it was used. Especially by the yellowing of the pages and the musty smell it gives off. Only reason I'm complaining is cause I can't stand the smell of old books!

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